

The Samuel Sessions

*A Collection of Sessions, Essays, Transcripts and Revelations
for achieving Higher Spiritual Guidance,
understanding the nature of the Multi-Dimensional Universe
and discovering your Essence Path*



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Sample Pages

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A Handbook to Higher Levels of Spiritual Guidance

Forethought Publishing



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CHAPTER 8 SYMBOLS AND SYMBOLISM

The Language of Symbols

You have numerous ways of communicating in your physical reality. Some speak one language. Others speak another. Some speak a few or many. But what you perhaps may not realize is that your psyche, what you term the conscious and the unconscious, also has its own language. That language uses Symbols and Symbolism as its primary components in much the same way letters and words form the basis of any spoken or written language. Naturally, the language of Symbols is an unspoken language but it has as much relevance and meaning as any verbal or written language you use.

The language of Symbols and Symbolism is the language that allows communication between the conscious you and the unconscious you, and, less realized, between the unconscious you and your Higher Self. When you are able to identify the meaning that is hidden in the Symbols and Symbolism that affect you, you are on your way to understanding the communications you are receiving, via your unconscious, from your Soul or Higher Self.

Symbols and their meaning can be generalized and agreed upon en masse in terms of outward appearance, but make no mistake they hold deeper meaning that is particular to each individual. This is because the language of Symbols is closely related to and based on your personal belief system, and particularly linked to the structure of your inner Core Values. It is through Symbols that your unconscious speaks to you, and through Symbols that your Higher Self is able to interpret what is taking place in your reality – a glimpse into your perspective, as seen through your conscious eyes. It is precisely for this reason that although Symbols are typically visual and sometimes mundane in nature, they are always proficient at generating an emotional state deep inside of you.

If you were to see Symbols as we do, you would see that even though they seem to be objects of benign focus in the physical reality, they are closely linked to the expression of your world. Since they are so closely attached to your feelings and emotions, they become a primary vehicle for communicating who you are. Symbols, or rather the feelings they trigger in you such as comfort, happiness, fear or rage, are often a truer representation of your personal “Truth” than any verbal confession or professed belief you might have concerning yourself.

Even if you have never seen them before and have no real idea what they mean, it should be understood that Symbols elicit emotional responses nonetheless. Often, this response is so deep as to not be known to you consciously. Regardless of that however, since emotion, whether it is conscious or unconscious, is vibrational in nature,

it becomes closely linked to you at a cellular level. In other words, as you view a Symbol and your conscious or unconscious reacts and emotes based on the symbolism it contains, your cellular structure is vibrationally activated.

We have mentioned before that your cellular structure and your DNA serve as a kind of antennae constantly communicating with your Higher Self and sending as well as receiving messages to and from your Higher Self with regard to your state of being, your life mission, your physical reality, the mass consciousness environment and the success of your karmic endeavors. It is the emotional content and the vibration it causes in you that triggers this important messaging, and the Symbols you see everywhere almost constantly are endlessly providing stimulus to your emotional state at any given point in time. In some ways, your physical body is a walking vibrational communication device that is constantly updating your personal message and, via your unconscious, is always in touch with “home” base – your Soul.

Symbols then form the foundation of this messaging in as much as Symbols are responsible for the emotional content that is activating your cells and DNA. In this way, Symbols become the basis of not only who you are but also how you are expressing who you are in the world -- to others, to yourself and, perhaps of most importance, to your Higher Self. Have you never wondered why humans have such a fascination for the appearance of things? From one’s own physical appearance, to the appearance of others, to the forms found in architecture and art, theater, film and entertainment, right down

to what tattoo is placed where and how, how things appear has enormous importance. Although you may not recognize it consciously, the appearance of things is not actually important because of the look of the object. It is important because of the emotion these things – as Symbols -- elicit. That emotional content is a trigger that activates your cellular structure into a vibrational symphony communicating with yourself, your reality, your unconscious and your Higher Self.

Your Higher Self is always aware of your earth-bound state at any given point in time, and it interacts with you by sending you back acknowledgment of the emotional (symbolic) messages it is receiving from you. The messages sent back to you from your Higher Self come in the form of, as you may have guessed, Symbols. Such Symbols are delivered to you constantly in the dream state, in trance, during meditation, in prayer or even through synchronicity (a form of communication between you and your Higher Self that many of you now recognize as more than coincidence). In general, these Symbols, received in the myriad of ways we mention, can be seen as acknowledgment and communication directed to you and coming from your Higher Self via your unconscious.

In other words, these Symbols are a way of your Higher Self telling you that your message has been received. Additionally, it can be a way for your Higher Self to point out certain aspects not yet made conscious by you or, in some cases, may even represent guidance coming from your Soul. Ultimately, the exchange generates an unconscious vibrational attraction that literally magnetizes like vibra-

tions to you manifesting events and situations in your life, becoming the true fabric of your reality. But that is another conversation completely.

Suffice to say that in communicating the Symbols that have meaning for you to your Higher Self, the unconscious does not focus on or emphasize the actual physical representation of the Symbol. This is why a Symbol can look one way to almost everyone, but have an infinite number of meanings depending upon the viewer and their personal interpretation. What is important is not the visual appearance of any given Symbol, but the sentiment, feeling or emotion attached to it and that it elicits in the viewer.

It is in this way, through the unconscious feelings and vibrational quality a viewer finds in any given Symbol, the Higher Self is able to perceive the experience of your reality. Many of you believe your guides and “angels” are watching over you, seeing what you are seeing in your every day life. This is never the case. Your guides, like your Higher Self, are not seeing with eyes but are “feeling” what you are feeling because your vibrational state, triggered by your emotions, is informing them of your current experiences.

In much the same way, because the feelings that a Symbol triggers in you have also been established by you personally, you are being guided when that same Symbol is returned to you and used by your Higher Self to communicate with you, expressed as it may be through the unconscious in a dream state, or in trance or meditation. Thus, a two-way communication has been created, and, more importantly,

guidance from your Higher Self has made its way through to you – all with the use of Symbols. And this is precisely what we mean when we say there is a Language of Symbols and Symbolism.

While there are certainly many Symbols that are recognized en-masse and generally elicit similar emotions as agreed upon by mass consciousness, there is always a meaningful variation in the emotional content that is specific to each individual. However, even when a Symbol is well known and used widely, the individual aspect and meaning when they are used at the unconscious or subconscious level, delivered as they are from the Higher Self, can take on completely new and unique meaning and relevance.

Water, as an example, may have one general symbolic meaning for most individuals: Life giving, healthy, sustaining, thirst quenching, etc. Yet if you look closer, there are an infinite number of specialized meanings that can also be associated with the Symbol of water that may be relevant only to a particular individual.

Symbolism related to water could be pleasurable and life giving, or it could have an association for someone with fear, panic, disaster or even death. In this way, the emotional content contained in the Symbol for that particular person is what becomes communicated to the unconscious. The unconscious uses the association it receives to message the Higher Self and, in many ways, the Universe.

When the message is coming directly from the physical reality you are experiencing in the “Now”, without having a past experience that

is being transmitted to you by your Higher Self, it can also become the substance of a kind of vibrational “request” to your Soul and to the Universe. In this way, often the messaging of your experience to higher dimensional realms through your emotions can transform into intention -- a request that you make asking the Universe to send life events that assist you to experience “water” in this or that way.

As we have said many times, thoughts are actions. In this case, they can become intention propelled by emotional pleas to your Higher Self, as well as the Universe. The thoughts and emotional associations that Symbols evoke should be considered carefully since they may well have considerable impact on the events that emerge for you. It is for this reason that you should understand that your thought patterns should be monitored for content, emotional attachment and their possible creative (unconscious though this may be) impetus.

More often than not however, the emotion you are associating with a Symbol may actually be a component of your Soul’s message to you. What originates that messaging is unique to each Soul and each person, but using our example of water associated with the emotion of fear, this would generally signify that in the lifetime or in a lifetime closely related to you water was responsible for your demise in some way. Perhaps a flood wiped out your town or your food supply causing you to starve, or you were drowned on the open sea, or quite the opposite, died of dehydration. What is important to see here is that the Symbol has become a unique communication between your Higher Self and your current physical being.

It may be difficult to grasp that your Higher Self at higher dimensional levels does not have the same associations with Symbols that you may have in the current lifetime, having experienced the emotional association with the Symbol in another life and not the current one. For this reason, if no present lifetime association is found, your fear (of water) may be considered irrational, and you are then said to have developed phobias based on forgotten and usually mythical experiences you had as a child in the current lifetime. Regardless of the fear's origins, however, what is clear and usually not recognized is that the Symbol has stirred a unique feeling in you, and the emotion it evokes, as well as the intensity of the feeling brought forth, is actually a unique form of communication between you and your Higher Self.

Of utmost importance to understand in this equation is that Symbols and Symbolism possess highly tuned vibrational qualities. Look around you, wherever you currently find yourself, and notice the emotion evoked by any object on which you fix your attention. If you are being truthful, every object in the room, itself a visual Symbol of some kind, will evoke memories, thoughts and feelings, and you would be hard pressed to find any single item or object that does not have some meaning or cause some emotional response in you. An object that did not do so would vanish from your sight and potentially not be perceived by you at all.

In the dream state, you experiment with what you visualize and its vibrational quality and compatibility to you, and to your life mission, before drawing a matching vibration into actual physical form as you

create your reality. But it is important to understand that the exact Symbol (object) that may be pictured in your dream state is not necessarily what is made manifest in your reality. Rather, a vibrational “match” is made and what is generally made manifest in your physical reality is an object or event that has a similar vibrational quality to the Symbol in question. In essence, a vibrational parallel is created for you, by you.

It must also be understood that your reality is comprised almost entirely of Symbols that are visualized and speak to you, knowingly or not. The image or form created however is merely a matter of convenience. Whatever image a Symbol might use for its expression, it is the vibrational quality of that Symbol that holds the relevance with respect to the creation of your reality.

Returning to our example, although water holds a unique Symbolism for each viewer, everyone might consciously agree that it appears blue. It is agreed via the mass consciousness backdrop that water shall appear blue in some form to everyone. It is this agreement on the object’s imagery at the mass consciousness level that allows water to be created in physical form in a format that most agree upon and see. But it is water’s vibration, felt at an unconscious level through its emotional interaction with you, that speaks the language of symbolism. This is the reality of water that you do not recognize, and this is the start of a dialogue between you and your Higher Self, and your Higher Self and you.

Imagine that a song comes on the radio. It is a song about riding